

What is 4-H?



4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and parish in the country through in-school and after-school programs, school and community clubs and 4-H camps.

Contact Us

7001 W 21st St. N
Wichita, KS 67205
316-660-0100

Register Here
www.tinyurl.com/school-enrichment



316-660-0100
Kate Schoenberg - ext. 0111
kate42@ksu.edu
Sophia Zurschmiede - ext. 0112
esz@ksu.edu
Cathy Parry Jones - ext. 0113
cpjones@ksu.edu

Kansas State University Agricultural Experiment Station and
Cooperative Extension Service.
K-State Research and Extension is an equal opportunity
provider and employer.



4-H SCHOOL PROGRAMS

2023-2024
School Year



School Program Guide

The 4-H School Enrichment program provides educators with the opportunity to bring 4-H into the classroom through research based programming facilitated by Sedgwick County Extension staff and volunteers.

2023 - 2024 Programs

LIFE CYCLE MIRACLE

GRADES K-4 - 45 MIN LESSON
3-4 WEEK OBSERVATION

Students will be able to watch Painted Lady caterpillars grow, form chrysalides and hatch into butterflies. Learn about the anatomy, life cycle and the role of the butterfly in its environment. [Spring only.](#)

PLANT EXPLORATION

GRADE 1 - 45 MIN LESSON

Students will review the parts of the plant and the role they play in the survival of the plant through a hands-on small group activity. Students will plant a seed and observe its growth.

MINDFUL ME

GRADES 1-3
(KIT AVAILABLE FOR CHECKOUT)

Intended to be delivered through 7 - 1 hour sessions over 7 weeks. This primary mental health program introduces basic concepts in mindfulness, positive affirmations, identification and management of emotions, and yoga. Extension staff available to teach grade 2 only. Kits available for other grades.

EXPLORING POLLINATION THROUGH CREATIVITY

GRADE 2 - 45 MIN LESSON

Students will explore the world of flowers and pollination through creative stories. They will work in groups to research types of pollinators and flowers using provided media.

[Spring only.](#)



SCREENLESS CODING WITH STEVE

GRADES 1-4
3 - 45-60 MIN LESSONS

This 3 week course will cover how to operate our Indi robots (Steve and friends) through screenless coding exercises and obstacle courses challenges

WHEAT SCIENCE

GRADES 2-4 - 60 MIN LESSON

Students can explore the importance of Kansas wheat, principles of baking, yeast development, and good nutrition. Includes a bread making activity.

EXPLORING LOCAL PRODUCE WITH OUR SENSES

GRADES 3-5 - 45 MIN LESSON

Students will learn what fruits & vegetables grow in Kansas. A local farmer shares how they grow their crops. Students will mindfully sample local produce. [Fall only.](#)

GRAY FOR A DAY KIT

GRADES 4-6 - 45 MIN LESSON

Gray for a Day utilizes an empathic model to educate participants on the age-related sensory and functional challenges that older adults might face.

Participants will get to "gear up" to discover what it is like to live with age-related conditions. [Spring only.](#)

K-STATE
Research and Extension



Want more?

Looking for more educational experiences or resources around Environmental Education, STEAM, Agriculture Education, or hands on learning?

Contact our School Enrichment staff and ask about other opportunities such as individualized programs and School 4-H Clubs.